

Hands-On Cooking Classes For Kids



iCOOK AFTER SCHOOL

Hands-on and Fun

iCook is a really fun, hands-on after-school cooking program for children. Our mission is simple: to help teach children to love everything about food - cooking, eating delicious and healthy dishes, and learning about world cuisine.

DURING OUR CLASSES

Our little chefs will

- Learn how to make healthy and delicious recipes using fresh ingredients.
- Master cooking safety, slicing, dicing, chopping, zesting and more!
- Learn about nutrition and healthy eating habits.
- Explore international cuisine by "traveling" around the world.

St. John Lutheran

New Recipes and Curriculum!

WHEN: Tuesday afternoons
TIME: 3:20 – 4:20 pm
DATES: Feb. 4th – March 24th
GRADES: K-4th grade
PRICE: \$144 for 8 weeks of class
includes all materials and ingredients
for two recipes for each class
MIN: Min. of 10 students/Max 20



Please call or email us with any questions
(773) 283-7037 or (773) 706-2057
info@iCookAfterSchool.com
www.iCookAfterSchool.com



To register, contact school!

DEADLINE: January 28th